

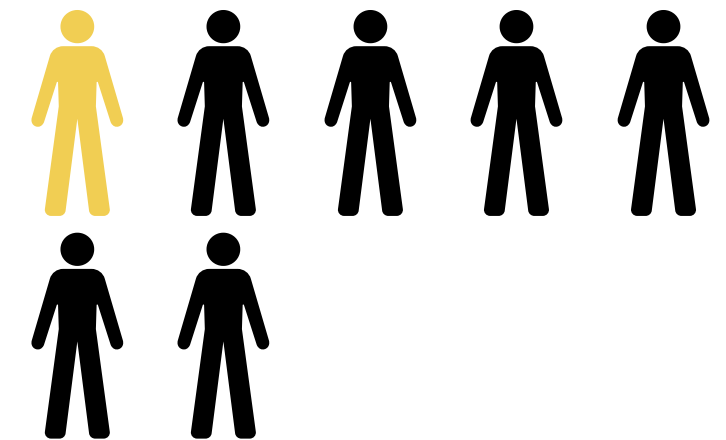
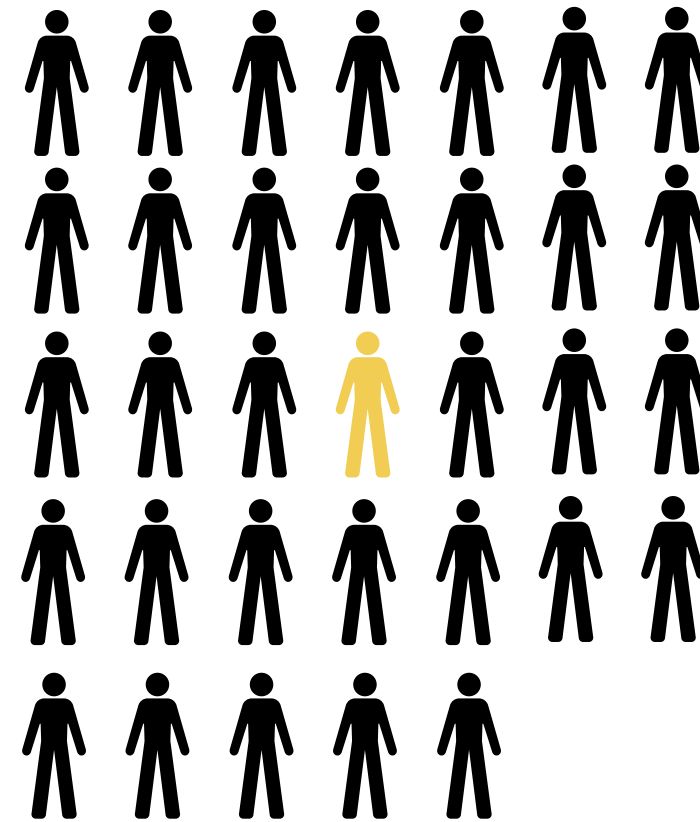
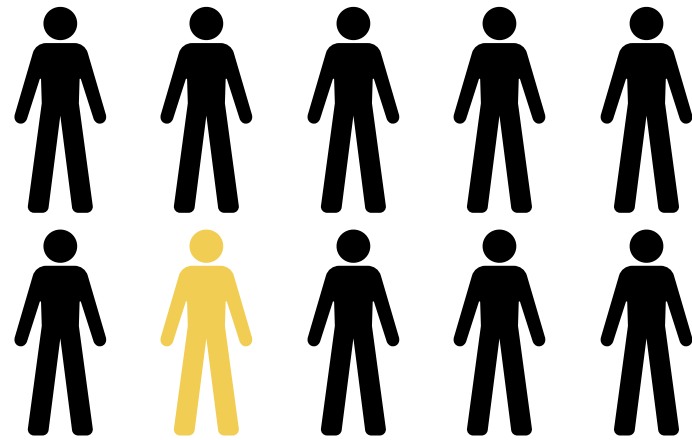
**IT ISN'T
ROMANTIC**

Changing the Conversation Around
Stalking

WHAT IS STALKING?

Stalking is a pattern of behavior directed at a specific person that causes them to fear for their safety, experience substantial emotional distress, or fear for the safety of others.

WHO EXPERIENCES STALKING?



1 IN 10

women
experience stalking in
college

1 IN 33

men
experience
stalking in college

1 IN 7

trans and nonbinary students
experience stalking in
college

KNOW YOUR RESOURCES



STUDENT COUNSELING SERVICES

509.963.1881

400 E. University Way,
2nd floor in Black Hall

*fees included in tuition
Confidential Services Available



CASE MANAGEMENT

509.963.1515

Bouillon 203

*fees included in tuition
Confidential Services Available



WELLNESS CENTER P.A.T.H.

509.963.3213

SURC 256

*fees included in tuition
Confidential Services Available

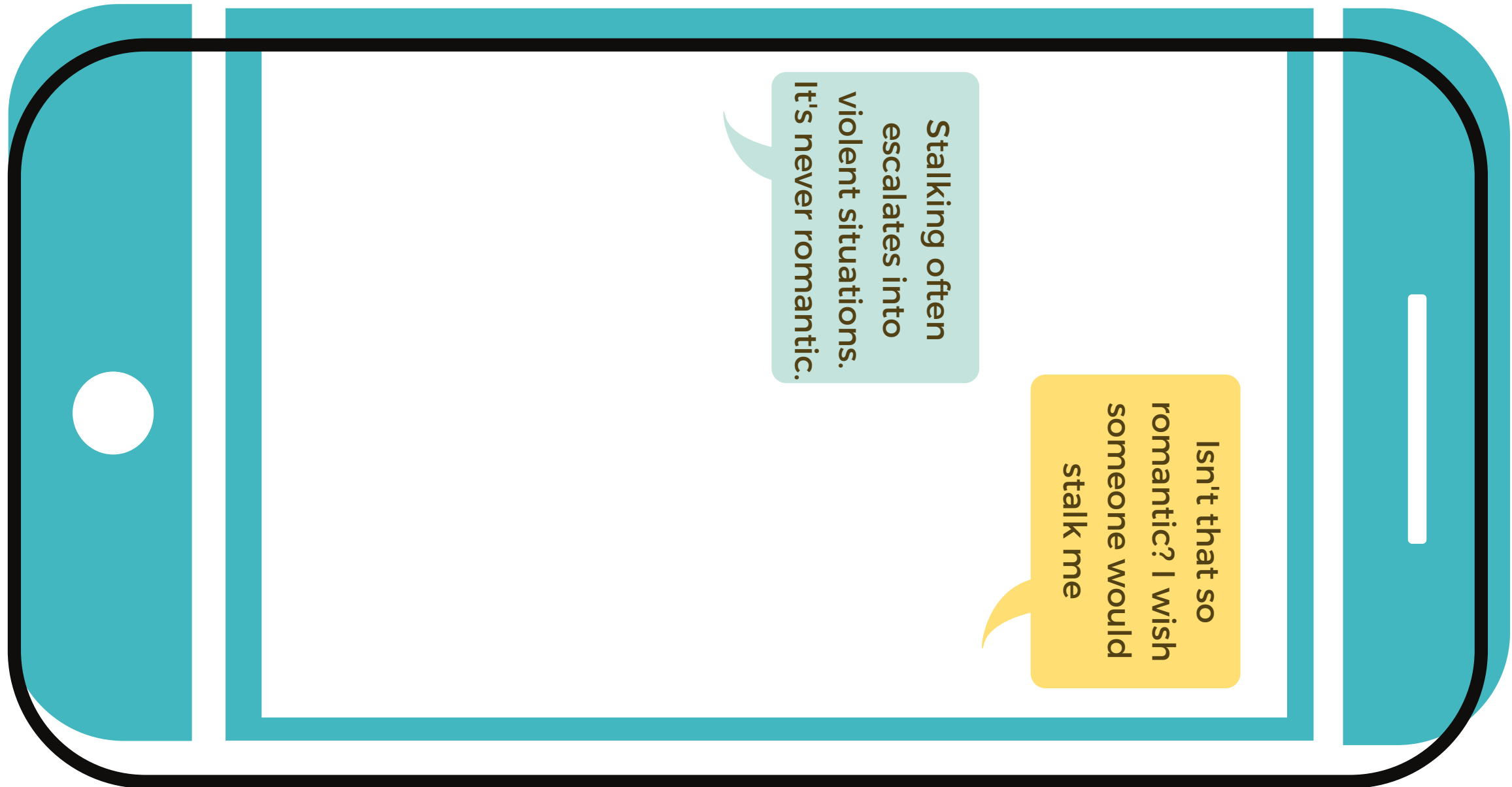


C.A.T. TEAM

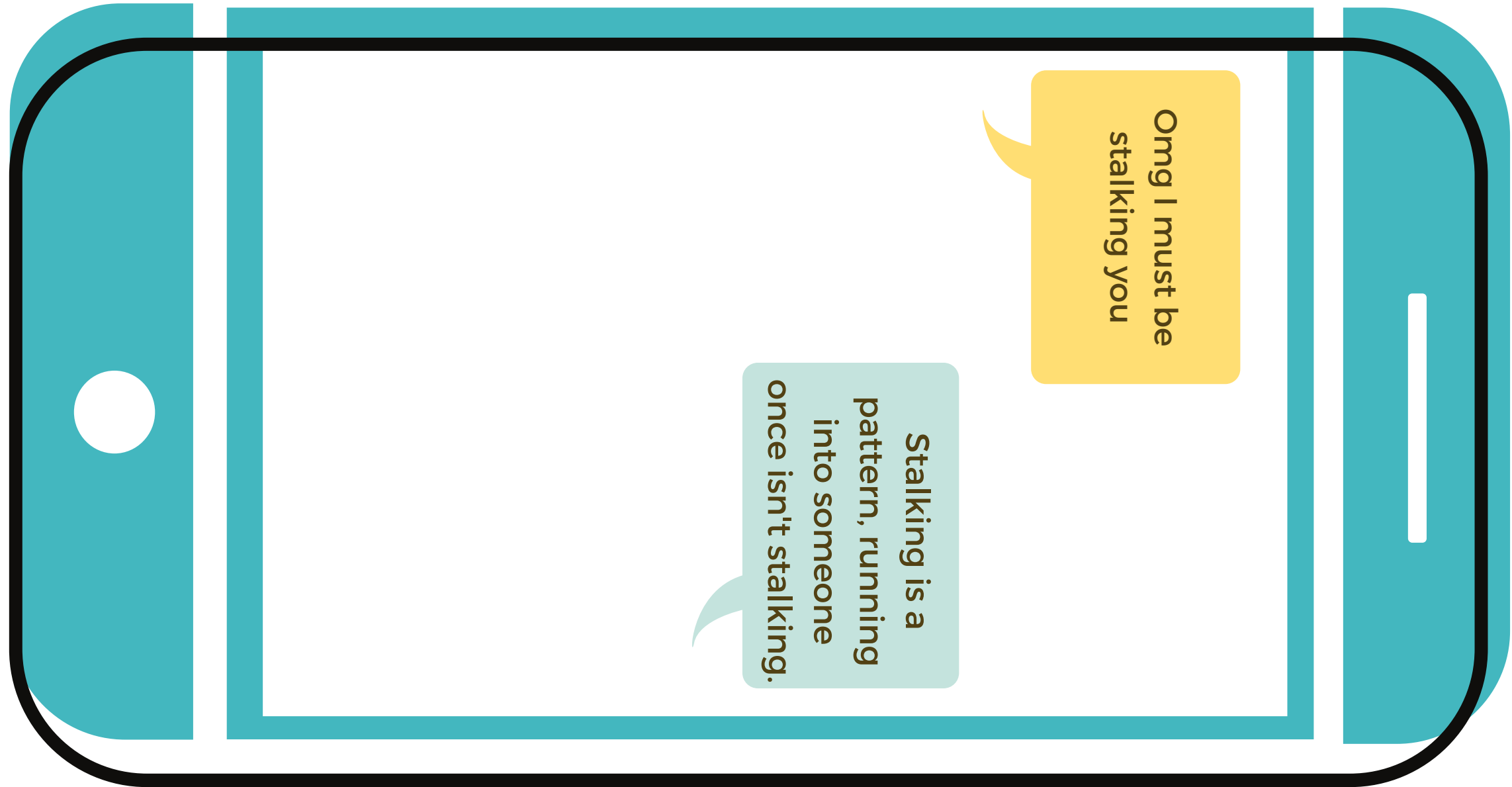
509.963.2950

*free for students

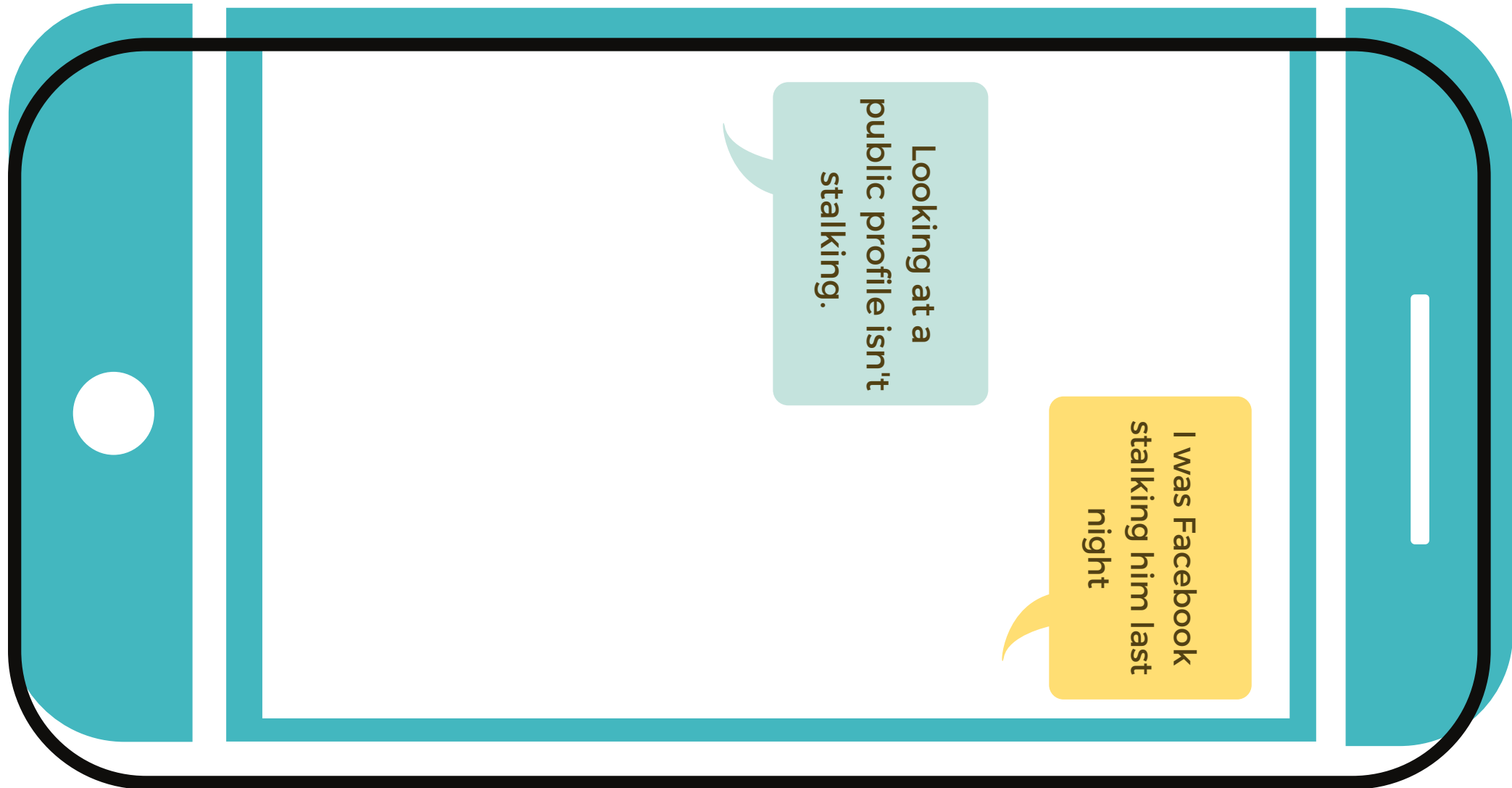
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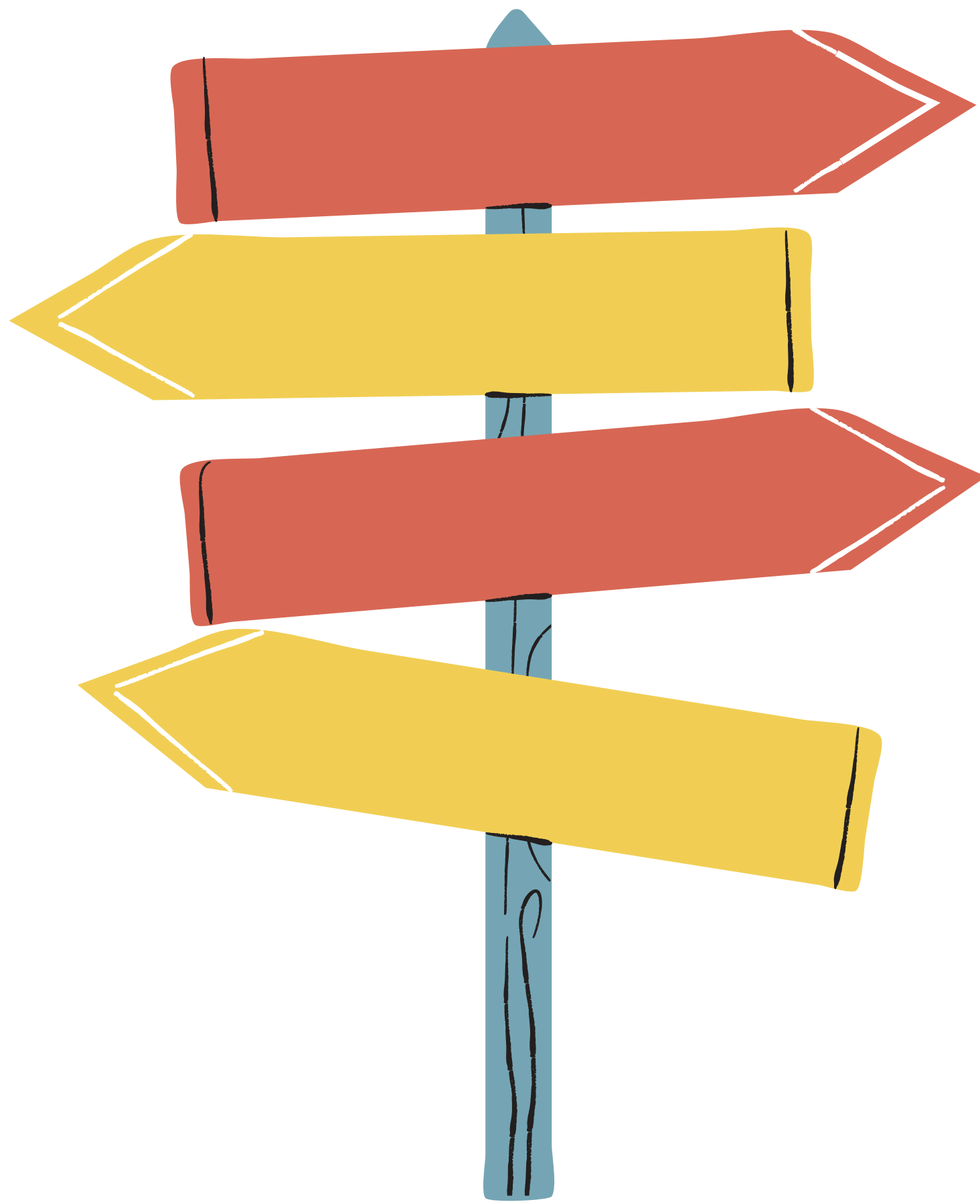


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**HOW TO BE
AN ALLY**



KNOW THE SIGNS OF STALKING

Unwanted contact

Following you

Showing up or waiting for you at places

Sending unwanted gifts or letters

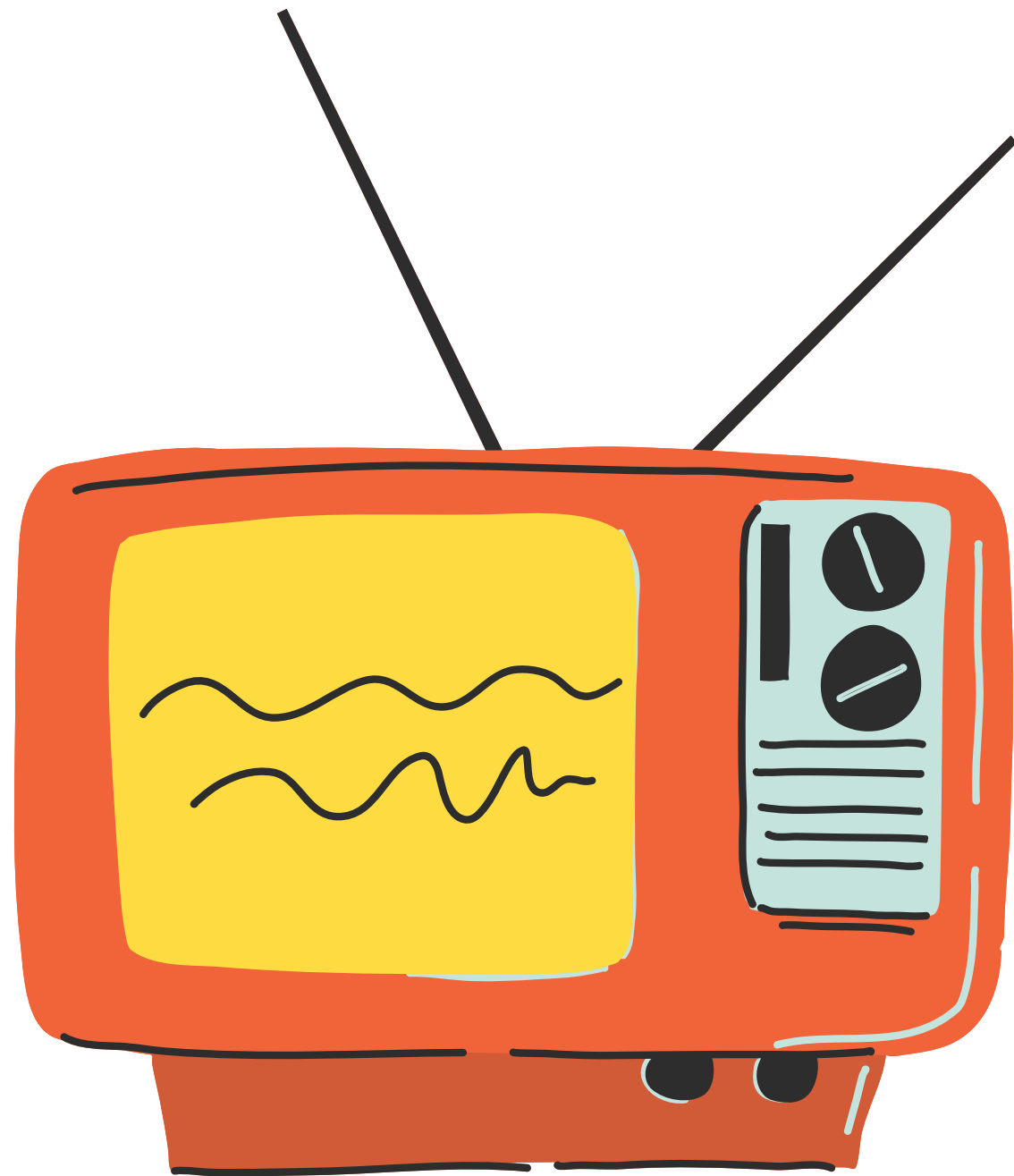
Tracking you using technology (like GPS, apps, or hidden cameras)

Spreading rumors about you - in person or online

Posting or threatening to post or share intimate photos of you

Threatening to hurt you or your loved ones

Other actions that control, track, or scare you



RECOGNIZE STALKING IN MEDIA

Movies, tv shows, books, and music are notorious for normalizing stalking. Most media has stories that normalize stalking behaviors (like following someone) or just general disrespect for people's privacy and boundaries. Your favorite show or song might do this too. There's nothing wrong with watching that movie or enjoying that song, but it's important to think about what it is saying. Media often sends the message that stalking is romantic, persistent, or charming, but it's not. Stalking is scary, unwanted, and traumatic for those who experience it.

ENGAGE IN SOCIAL MEDIA SAFETY

Ask your friends before you post photos of them or tag them in posts

Wait to publicly share photos from travel or live events until you are back home

Be mindful about adding information to your bio about where you live, your relationships, or your workplace/education (this is usually public even if your profile is private!)

Be considerate when tagging businesses/locations

Turn off geolocation, or be selective about who you share it with

